

vibhūti

("expansion" or "manifestation")
the supranormal capacities achieved through *saṁyama* on various objects,
as enumerated in the *Vibhūti Pāda*

#	OBJECT	KNOWLEDGE OF
16	3-fold transformation	past & future
17	word, object, notion	utterance of all beings
18	<i>saṁskāras</i>	previous births
19	motive	another's mind
22	<i>karma</i> or bad omens	death
25	activity	the subtle, concealed, and distant
26	sun	world
27	moon	ordering of the stars
28	polar star	movement of stars
29	navel <i>cakra</i>	ordering of the body
32	light in the head	perspective of an adept
33	intuitive awareness	everything
34	the heart	understanding of mind
41	ear & space	the divine ear
52	moment & succession	discriminatory knowledge

#	OBJECT	POWER
21	form of the body	concealment
23	friendly, etc.	various strengths
24	strength	elephant-like strength
30	hollow of the throat	cessation of hunger & thirst
31	tortoise <i>nāḍi</i>	stability
38	relaxation of bondage	mind into another embodiment
39	mastery of upbreath	rising above water, mud, etc.
40	mastery of <i>saṁāna</i>	radiance
42	body & space / cotton	movement through space
44	aspects of elements	mastery over elements
47	grasping, I-am-ness	mastery over sense organs

49	difference between <i>sattva</i> & Self	knowledge of all	sovereignty over all states of being
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